

CROMER TO OVERSTRAND CIRCULAR WALK



Map Details: OS Explorer 252

Grading: Easy to moderate depending on whether you take the steps. 236 steps up to the top of the cliffs, but can take alternative route

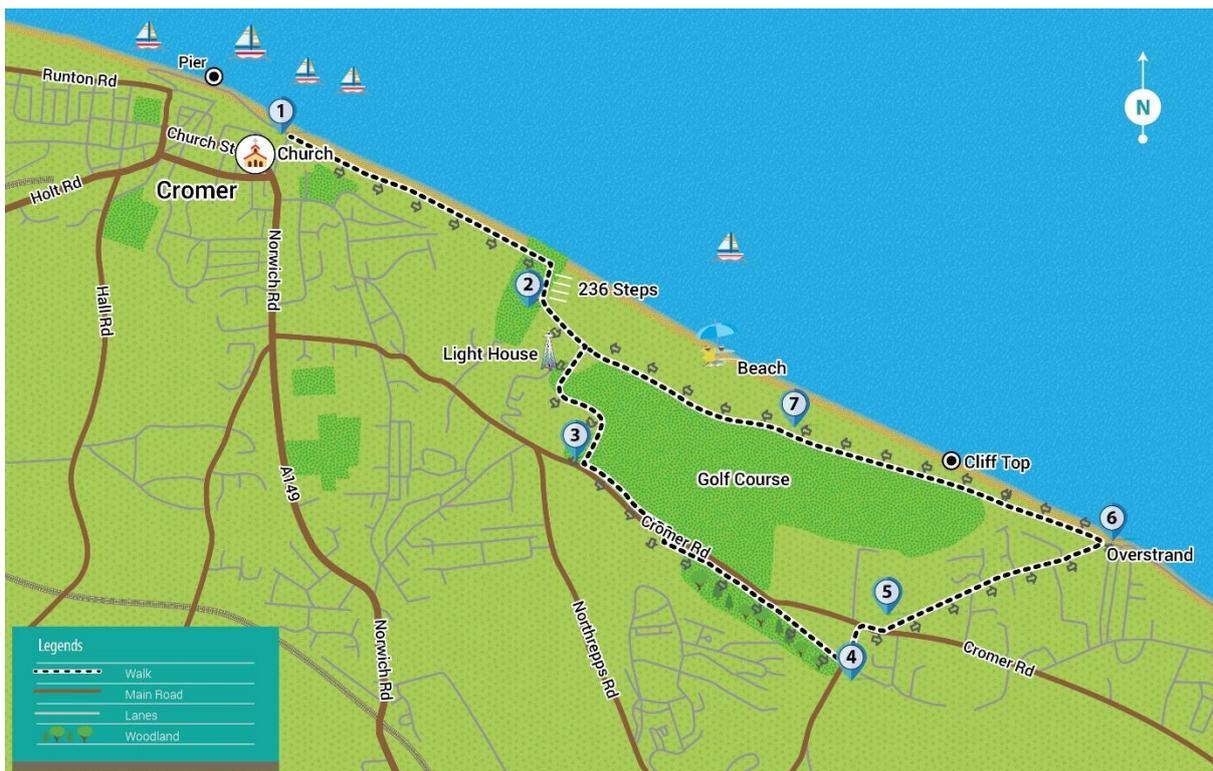
What to expect: beach, heathland, woodland, cliff, wonderful views, walking alongside golf course and a lighthouse

Length: 4.7 miles

Time: 2hrs 15 mins without a stop at Overstrand Cliff Top Cafe

Start Location: Red Lion, Cromer

MAP



CROMER TO OVERSTRAND CIRCULAR WALK

ROUTE DESCRIPTION

1. Head down the steps immediately in front of the Red Lion and walk down to the promenade. Turn right and walk all the way along, passing the beach huts and onto the beach. Continue along the beach until you see the steps up into the cliffs (0.8 miles from Red Lion). Walk up the 236 steps to the top of the cliff.

An alternative start, avoiding the steps, is to follow the Norfolk Coast Path signs from the boat ramp to the right of the Red Lion by The Henry Blogg Museum. Turn right up the inclined road and turn left in front of a stone wall. Follow the NCP sign until it points down to the beach – don't go down here, continue up along the path towards the lighthouse.

2. Turn left at the top of the steps and walk up the hill, keeping the fence on your right. At the end of the fence, turn right towards the lighthouse. There are benches for resting and admiring the wonderful views. Once you reach the lighthouse, continue along the tarmac road on the left-hand side of the lighthouse, bearing left and heading through parts of Royal Cromer golf course. Walk past the club house and onto the main B1159.
3. Turn left out of the golf club onto the main road. Continue along this road until you reach the brow of the hill. Notice when the pavement on the far side of the road stops (at brow of hill). Just after this, you'll notice a small opening in the hedge on the right hand side of the road. Cross over and walk along the narrow path until you join the old disused railway. Turn left and follow the path.
4. Continue along here until the path ends and opens up into a meadow. Walk straight ahead to the gate and tarmac lane. Turn left and walk towards the main B1159.
5. Cross over this road and walk right, passing the church on your left. Just after the church look out for a small narrow path between fences which eventually joins a small road called Paul's Lane. Go straight ahead here and follow the road, passing houses on both sides, and once you reach a long flint stone wall you'll notice a car park on your left. This is a 3 mile marker.
6. This is a good meeting point, as is the Cliff Top Café which is just a little bit further along the road on the right, for home cooked food, or even a cream tea!
7. From the car park you can either walk to the right corner and down to the beach and walk back via the beach, or you can follow the cliff top walk (wonderful views) from the left hand corner of the car park. Head through the gate and follow the path all the way back to Cromer walking alongside the golf course and back through the heathland around Cromer Lighthouse. You will eventually reach the steps again, but if you'd rather not go down the steps, continue in the direction of Cromer along the well-trodden path back to the Red Lion.